SYMPTOMS OF MERCURY POISONING

Recognized by ADA

It is well known that mercury will store 1st in the kidney, 2cnd in the liver, 3rd in the neurological tissue, 4th in the GI tract and then in the rest of the tissues. Symptoms related to mercury are vast; however, even the American Dental Association (ADA) admits to the following symptoms.

- 1) Tremor observed in fine voluntary muscle movement, such as handwriting, eventually progressing to convulsions.
- 2) Depression, fatigue, increased irritability, moodiness, nervous excitability especially when criticized.
- 3) Inability to concentrate, loss of memory
- 4) Insomnia or drowsiness
- 5) Nausea and diarrhea
- 6) Loss of appetite
- 7) Birth defects in offspring
- 8) Nephritis or symptoms of kidney disease
- 9) Pneumonitis
- 10) Swollen glands and tongue
- 11) Ulceration of oral mucosa
- 12) Dark pigmentation of marginal gingiva and loosening of teeth

Other documented symptoms that affect various body systems include the following:

Psychological & Behavioral

Anxiety **Emotional Instability** Apathy Inability to concentrate Confusion Psychological disturbances Depression Lowered intelligence Manic Depression Fits of anger Forgetfulness Lack of self-control Irritability Short attention span

Hallucinations Short-term memory loss Nervousness Sleep disturbances

Nightmares Difficulty making decisions Tension Unexplained suicidal ideas

Your Dr. said 'It's your nerves'

Central Nervous System Cardiovascular System

Anemia Dizziness **Angina** Convulsions Heart attach Dim vision **Heart Murmur Epilepsy** Tachycardia Facial twitches Pressure in chest Insomnia

Cardiovascular System cont. Central Nervous System cont.

Arteriosclerosis Voices in head Irregular heartbeat Hearing difficulty Unexplained chest pains Mental disability

Muscle paralysis

Digestive System Muscle twitches Colitis Multiple sclerosis Constipation Ringing in ears Ulcers Speech disorders Diarrhea Difficulty walking Diverticulitis Chronic headaches Stomach cramps Unexplained leg jerks

Loss of appetite Failure of muscle coordination Digestive problems Noises or sounds in head Frequent bloating Narrowing of field of vision Frequent heartburn Numbness of arms and legs

Tremors of hands, feet, lips

Tingling of fingers, toes, lips, or nose Immune System Cancer Loss of ability to perform hand movement

Candia Albicans

Asthma Endocrine System

Mononucleosis Arthritis

Allergies Increased sweating

Leukemia Diabetes

Rhinitis Diabetic tendency

Swollen glands Adema

Sinusitis Thyroid dysfunction

Chronic Fatigue Osteoporosis Epstein-Barr virus Slow healing **Environmental illness** Leg cramps Hodgkin's disease Weight loss Immune deficiency disease Kidney stones Susceptible to flu, colds, etc.. Pain in Joints

Cold hands and feet

Energy Symptoms

Oral Cavity

Decreased sexual activity Bad breath Mouth ulcers Chronic low body temperature Bleeding gums Leukoplakia Frequent urination - especially at PM

Stomatitis Swollen tongue

Loosening of teeth Skin

Loss of teeth Acne Bone loss around teeth Dermatitis Increased flow of saliva Skin flushes

Enlarged salivary glands

Burning sensation in mouth Metallic taste in mouth Periodontal (gum) disease

Chronic fatigue Lethargy **Drowsiness** Oversleeping **Tiredness** Lack of energy

Excessive itching

Rough skin

Rashes

Sore throat - persistent cough